

INSIGHTS
JULY 2013

Dear Friend:

A news report two days ago announced that we should expect record-breaking heat throughout the Western United States. In the past month, we've experienced massive hurricanes and storms of a magnitude seldom seen. Many places are experiencing tremendous drought while others are flooding. It seems that there is no middle ground, that everyone everywhere is experiencing extremes.

I've been talking with you for the past several years, now, about the increase of extreme weather and warning you to expect this to escalate as we move further into this Universal Transition that we're all experiencing. I've urged you many times over to prepare for all things....to store food, water, etc., for in this time, we really must expect the unexpected; and the unexpected events that we are continuing to experience are becoming more and more dramatic every day to the extent that many people have begun to actually take these events for granted. I find it amazing that a storm that destroys schools filled with children only stays in the news for a couple of days, whereas ten years ago, it would have been in the news for a week or more. It would have remained in the news until the people who experienced it had returned to some kind of stability in their lives. There would have been reports of agencies and people going to those places to offer aid. We as a world community would have been concerned for months afterwards about those who suffered through those storms.

I can't even begin to describe how stunned I was that these horrendous events stayed in the news for such a short time. WOW - the world is changing SO fast, and dramatic events are happening so frequently, one right after the other, that we can't dwell upon one, because we're having to move our attention to the next one before we've even had a chance to come into balance with the one that just happened.

I am absolutely convinced that weather responds to the state of human consciousness. Our world has gradually become more and more filled with fear to the extent that we now even have television shows about people who

are fearful, all of them expecting some kind of catastrophe. Albeit they are expecting different kinds of catastrophe, they all are experiencing the same thing we are experiencing - the knowing that something is getting ready to happen....something big....something world-changing. And they are feeling a tremendous need to somehow prepare themselves so that they can survive these times.

I have been urging you to prepare for all things, and I have been telling you that we have entered a time that is moving us toward dramatic change in this world. AND, I have repeatedly urged you to stay out of fear. I really believe that these extreme weather events are the result of the chaos that exists within the collective human consciousness. I believe that our world responds to our state of being, and as millions of people have come to live in fear, our world has begun to react to that fear. Call me crazy if you want to.....I've just witnessed enough during my nearly seventy-three years of life in this world that I feel I can say with certainty that our environment responds to our state of being.

If you were to look at the countries in this world that experience the most droughts, the most floods, the most tremendous storms.....you will also notice that those countries are places where a large percentage of the population live in despair....where people live in great poverty, who suffer hunger and lack of medical care/attention....where people are not able to have their basic needs attended to.....where the majority of people are considered to be of less value than the ruling minority.

I've given attention to this phenomenon for many years, and I just can't find a way to convince myself that there isn't some kind of correlation between the stripping of human dignity, the living in constant fear and constant need, the constant emotional or physical pain.....and nature's need to respond to the collective despair and the mounting rage that comes from a sense of hopelessness and powerlessness. So let's just for the moment assume that the collective emotions of mankind can cause earthquakes, earth changes, storms, tsunamis, floods, droughts. Being a person who has always had a great interest in world history, I find it very interesting that during most of the times when the people who populate a place in the world have lived long enough in despair, dramatic weather events occur.

I don't think it's just coincidence that we speak of emotions as being stormy or cold or calm or tranquil....that we use the same words for our emotions as

we do to describe our weather. There's just so much evidence of correlation between the state of being of mankind and the weather conditions in a particular place. I don't suppose that this has been studied by scientists - I haven't read of that having been done. However, I think that we really should take it into some consideration because as we move further into this Universal Transition that we're experiencing, more and more like-minded people are gathering together for mutual support and they almost invariably decide that anyone who doesn't belong to their particular group or way of thinking, must be the enemy....must be bad... must be feared and ultimately destroyed.

It is the increasingly stormy emotions of this time that are leading this world into the dramatic changes that are being predicted, not only by me but by sensitives throughout the world. And you don't even have to be a sensitive, now, to know that something is about to happen - everyone can feel it. The world is in a state of dramatic and rapid change. Very little is the same as it was even ten years ago. Many of those changes are wonderful, bringing the possibility for cures of diseases that a few years ago were considered to be incurable. However, many of those changes are bringing us into events and states of being that we're not going to like very much.

This is a very difficult time for people who fear change. Actually, it's a pretty difficult time for almost everyone. There ARE those who are somehow managing to live through the events of this time, totally unaware of all that is happening around them. A part of me wants to say "God bless them" - it must be nice to be able to live through these times and to have no awareness and therefore no apprehension of the gathering storm clouds. But more and more people every day are becoming very aware of the approaching "storms".....of dramatic sudden events that are rapidly changing the world as we have known it. I have to admit that there is a part of me that feels some trepidation, because I have not wanted my children and grandchildren to have to live through the kinds of events that we are experiencing in this time. However, I must keep reminding myself that they chose to be here in this time. There's Purpose in all things, and we ALL came here in this time because we wanted and needed the experiences of these times in order to achieve more rapid growth.

It's just SO important that we live with the constant realization that there IS Purpose in all things - that everything that is happening, including the hurricanes, the floods, the tsunamis, etc., is a part of this Purpose. It all IS a

reflection of the way WE, as human beings, are reacting to the events of this time. I know it's hard to stay out of fear when you've lost your job, your home, perhaps a loved one....when it seems as though your world is falling apart around you. I understand that. I have fully and completely lived my seventy three years - I've experienced almost all of it. And there's one thing I can say with total assurance, and that is that all the things I've experienced in this life that have benefitted me the most are the experiences that were the most uncomfortable.

As I've said in the "About Dixie" link on this site, I certainly wouldn't want to experience being shot again. However, if I were to be given the opportunity to live my life over again (as I believe I will), I would STILL have the experience of being shot....because that experience gave me a deeper relationship with Spirit, and a greater knowing of the reality of Spirit, than anything I've ever experienced in my life. I'm actually glad I went through that, because it has made me a more complete person. It has brought depth and assurance to my teachings and to all of my work.

You see, this world isn't intended to be easy. It's a place of learning, and we humans don't learn a lot when we're relaxing and enjoying ourselves. Life doesn't give us a lot of growth lessons when everything is going smoothly. But when we're in the midst of a storm, whether it be a literal storm or an emotional storm, we are called upon to be the best of ourselves. We are stripped down to the raw core, and the true quality of our Beings is revealed to our self and to others. Stormy weather and stormy situations give us the opportunity to exercise the strongest and greatest qualities of our Soul, and oh my gosh, are we going to have some opportunities as we move forward into this time!!!

I know it sounds terrifying and overwhelming, but it really isn't. You will be amazed as we move further into the coming events that the depth and the strength of your Soul will be revealed to you; and I want you to remember that all that is necessary, as you enter into a stormy event, is to call upon Spirit and ask that you be directed so that the situation can be resolved to the benefit of all people involved. Most of humanity has now evolved beyond the state of being where we would call upon God to destroy our enemies. A truly Spiritual Being would ask that ALL involved be benefited from the experience. I'm not saying to you that if a gang of thugs were to invade your home with the intent of doing great harm to you or your family that you should not defend yourself. I truly believe that we all have not only the right

but the responsibility to defend ourselves AND our loved ones. However, it is really important for us to realize - even in the midst of such difficult experience - that all people in all times are just doing what they think they have to do to survive.

So yes, all of us have the possibility of coming into a time where we need to defend ourselves. I certainly did fight the man who shot me - I didn't make it easy for him - but we really must also not hold resentment nor hatred. We must move through an experience and let it go so that we are free to move cleanly into and through the next experience. The most debilitating emotion that people carry is rage. A simmering rage does little to affect the person whom we believe has harmed us, but it eats US up inside. It is toxic. It weakens us, and it can make us really really sick, both in mind and body.

The one thing that I see happening in this time that is THE most detrimental to all humankind is the polarization - the gathering together of people who are of like-mind, people who believe the same thing and hold onto each other for mutual strength and support....holding the belief that all who believe differently than them must be evil and must be destroyed. That belief is held by many who are fanatical about a political ideal, about a religious ideal, or about what they deem to be an emotional or Spiritual ideal. When an ideal is held so strongly that a person is willing to kill others who don't believe as they do, that ideal has become evil.....for the true definition of the word "evil" is to hold the intent or have the will to do harm to another person.

So I suppose what I'm really wanting to get across at this time is that I am strongly urging all people to set a goal of learning to live in a constant state of Compassion, striving to see that all people are holding to a thought or a belief because it gives them a sense of safety and/or community.

Those who read this newsletter are those who are seeking to live their lives in a Spiritually clean manner, and to be Spiritually clean, we must seek to understand that ALL people are of Spirit, and ALL people have value; and yet to understand that not all Souls have the equal capacity to be Compassionate or Loving, and so in this time (as in all times) there are people who are fearful and angry and therefore have the potential to be dangerous. So yes, we must take precautions and live in a constant state of awareness. We must prepare for all things. and we must learn to maintain an

awareness of ourselves as Spiritual Beings striving to live in a state of Spiritual Cleanliness.

Know that this is a time of Change. Know that it isn't easy. Some people are terrified and rage-filled and therefore, potentially dangerous. We must not condemn or judge. We must do what we must do to live well and to live cleanly and to remain in Harmony with each other and with Spirit through these times, because these ARE stormy times, both literally and emotionally. When we are living in a harmonious state of being, others are less likely to perceive us as a threat and are therefore less likely to become dangerous to us.

The month of July is filled with ups and downs. Be sure to keep a close eye on this site's calendar because there are more null cycles in the month of July than I have ever seen in any given month. They are not only null cycles, they are intensified null cycles, which dramatically increases the affects of the cycle. So absolutely do not have elective surgery. Do not have important business meetings. Do not have important conversations about relationships. A small word said can escalate into a terrible misunderstanding or argument. Energy around love relationships is magnified - that means both positive and negative energies. So those who have been feeling distant or angry with each other, may feel more distant or angry with each other. However, if you were to take action upon those feelings, you may live to regret it terribly. So please wait until after these intensified null cycles are past, meaning until the end of August!!

July 1st through 20th is the most difficult time for communications and relationship conflict. I find it amazing that during this time when conflict is so likely to happen, we also see that friends and loved ones who have distanced from us will seek us out and want to renew the relationship.....AND, the reason for the subject of this letter is that like-minded people will pull together powerfully, distrusting all who oppose their beliefs. Mistrust, anger and differences will build, resulting in acts of violence. These aspects continue through the months of July and August.

July is a really good time to strive to get your life organized. Take care of things in the moment - procrastination can lead to enormous problems. This can be a really lovely time if spent alone in meditation and/or prayer or reading a good book and just being with yourself. It can also be a really lovely time if spent with a harmonious partner, taking walks or hikes,

camping out - being with nature. This is a really good time to just go fishing or swimming or surfing (if you live near the ocean). If you feel conflict beginning to develop in any conversation or situation, then remove yourself immediately! My best advice is just keep a smile on your face, stay calm and compassionate, and if someone says something insulting or hurtful, don't respond to it. (Although I teach my students to always respond in the moment, right now I'm telling you not to respond at all because right now, it could escalate dramatically and have long-lasting results).

The month of July is without a doubt the most intense month that I can ever remember. If you're living alone, you'll find that your mind is like a battering ram with thoughts constantly slamming together. You may have some difficulty sleeping, but then you also may find yourself becoming very sleepy or even falling asleep at inappropriate times.

There are very strong aspects for fire during the months of July and August. This is a Universal aspect - it affects everyone no matter where they live. In addition to forest fires, we'll be seeing electrical fires, house fires, etc. Anything that can cause a fire is something to be aware of (barbecues, campfires, candles - you name it). It would be a good idea to unplug major appliances if you're leaving for a trip.

I've been telling you that we have aspects having to do with water through all of this year. During these cycles, we usually see dramatic floods. However, the symbols I'm seeing can also mean things such as your house flooding, your sewer backing up. It can mean droughts and LACK of water. On a personal level, it can mean that you might experience more thirst and are compelled to drink more liquid. It can and will affect us in so many different ways that it's hard to define.

By the way - it's very unusual to have spotlights on water AND fire at the same time!!!

You know....these are difficult times for most people. They don't have to be that difficult for us. We just need to remember that we attract what we put out - that if we exude an energy of compassion, of kindness, of friendliness, of joyfulness, then we are likely to be met with those same qualities from others. People will feel grateful to have you in their presence, but if we let ourselves sink into the Universal energies and become agitated and fearful or angry as the result of immersing in those energies, these can be difficult

times. So I'm just saying to you....remember to laugh.....remember to smile....remember to seek to find the good in people....remember to give thanks for all that is good in your life.....and....

Stay Focused on the Light!

Dixie Yeterian