

INSIGHTS  
June 2011

Dear Friend:

I'm hearing a lot of talk these days about what appears to be an increase of evil in the world. I also am hearing a lot of debates about what evil is, or whether it even exists.

My Guidance, Samuel, described evil as non-constructive attitudes and behavior....as a force that destroys hope, love, joy, security, etc., rather than *creating* them....(and my favorite), as the deliberate intent to do harm to another. Samuel says that evil DOES exist...that it is a Force or Energy that has been created *by mankind* as many have turned (by their freedom of choice) away from Spirit and so become ADDICTED to the adrenalin that is experienced as they indulge in actions that their culture has deemed by common consensus to be "wrong".

Evil has no power of its own – it only exists as the result of being fed by man's fascination with the "forbidden", and even more so by the tremendous fear OF evil as it has become through the centuries, depicted as a formidable foe that must be overcome....as an enormous power that has the ability or the potential to totally overwhelm and destroy mankind. This depiction of evil is absolutely untrue. Evil is totally powerless unless WE become fearful of it and feed it with the energy that is manifested by our fear, or if we become fascinated by it and feed it with our willingness to indulge in actions and attitudes that create dissension, disharmony, anger, fear. All of these are energies upon which evil feeds. This is why it is so important in this time for us to consciously strive to give up our judgments/condemnations and live in Harmony.

Samuel has talked for the past twenty years or so about the fact that in this time, oppositions will be gaining force and coming into conflict with each other; and that as a result of those oppositions, we would experience breakdowns in all the structures that we have created to provide security and stability in our lives' structures - religious, political, educational, financial and social. All are being affected by the increase in hostility between people who hold allegiance to opposing factions within those structures, each taking different points of view, each believing that their view is the right one (the "good" one) and that the other view must therefore be wrong and in many cases, even evil; and therefore must be eliminated, eradicated, or at least totally disempowered. Opposing factions at this time have become so extremely attached to their need to be RIGHT and therefore "good", that negotiation is nearly impossible.

So what we're experiencing in today's world in every part of life (from world conflict right down to our personal relationships) are power struggles. Trust is gone. People no longer trust their governments. The governments no longer trust the people. AND people no longer trust each other.

I mention these issues of trust as examples of the fact that there are literally wars going on among all factions of society, that individuals are struggling to maintain their personal freedoms and believing that the very governments that they have created are striving to take from them all of their human rights. The feeling of insecurity in this time...the feeling that exists among many people that they are struggling for their very existence...is a large part of the reason in this time that we have become so center-focused. It IS difficult to be aware and focused upon others when it feels as though our own lives are at risk, or that all of our securities could be lost in a flash. The phenomena that has arisen out of this prolonged state of embattlement is a lack of human compassion that is evidenced in the very games that we buy our children to play (as I discussed in last month's newsletter).

On an individual basis, this phenomena is expressed as a belief that we should put "self" first. This idea began in the 1980's with the "Me Generation", and has escalated since then to the extent that throughout most of the world, many, many people are seeking ways to enhance their appearance or their social standing, or to in some way find ways in which they can become more admired than other people. This focus on self - this immense need for admiration - has caused most of the people in this world to become totally self-absorbed to the extent that they are almost completely unaware of the consequences of their unconsciously uncaring behavior...completely unaware of the enormous events that are taking place in the world around them, and are becoming immune to human suffering to the extent that they can witness immense pain in person and/or on television with very little reaction except to possibly judge or feel contempt for the suffering. For instance, a self-absorbed person does not see a homeless person as someone who is suffering - to them, the homeless person is just dirty, low class, and contemptible. Such attitudes prevail even though statisticians tell us that most Americans are living without savings and/or financial resources to the extent that if they were to lose their jobs, they would be one month away from the probability of being homeless themselves. As the saying goes, "There but for the Grace of God go I."

I was unhappy, although I have to say am no longer shocked, by the fact that in conversation with a group of young people, I discovered that NONE of them knew about the terrible storms and flooding that are happening in the southern and mid-western United States...to see that there were people who didn't even KNOW that there had been a terrible earthquake and tsunami in Japan, and when told about it, evidenced no sign of concern. No, the 1980's wasn't the "Me Generation" - we're in it right now! And it is the lack of concern - the conscious choice to ignore the suffering of others, that creates the energy that then could become what we would call "evil." I can't count the number of people whom I've heard announce with pride that they don't watch the news because they don't WANT to see all of the "bad" stuff that's going on, that they "don't want to give it energy." AND, I can "feel" my concern-filled urgings, my warnings, hit the solid wall of

resistance.....and "see" the resentful, "wish she'd get off that soap box" thoughts as my words of concern for them are blocked by their beliefs that if they just THINK of the world as Perfect, then nothing but Perfection will enter their lives.

YES....it IS Perfect. But Spirit will NOT deny us the experience of discomfort if it may result in greater understanding and/or KNOWING of Truth and connection with Spirit. AND....we NEVER learn to "see" by closing our eyes.

Please don't misunderstand me. I am NOT saying that we should immerse ourselves in the dark energies that are at work in the world in this time...to be filled with fear, or stress, or anger. I am just saying, "BE AWARE...be vigilant." I'm saying, "When you see dark energy, walk away from it." I'm saying, "When you see pain or need, OFFER to it." Seek to find a way to be of aid. Often, all that is called for is a kind word....a bit of acknowledgement, a gentle touch. Some need to be shown that there are people who care and who WANT to help. If someone comes to you and needs to pour out their pain or grief or frustration to you.....DO NOT jump on the Blame Wagon. Don't dive into their negativity with them. To quote Samuel, "You can't pull a person from a mud puddle by jumping into it with them. You must stand outside and hold out a helping hand to them....AND be prepared to get a bit of mud on you as you pull them out. If others have benefited by enticing them into the mud puddle and/or holding them there, they will certainly be threatened by the fact that you are offering aid to them and be likely to throw mud at you." But fear of a few mud splatters shouldn't keep you from offering aid. "Spirit provides to Its own means" (another Samuel quote), meaning Spirit provides for and protects those who offer themselves in Service to Good.

The subject of evil has been broached by my students and clients so frequently of late that I just had to address it in this newsletter. The thing that amazes ME is the number of people who live in this world viewing, on a daily basis, the truly evil acts that occur and yet believe that evil does not exist. Anything written in these newsletters certainly are MY perceptions, and my perceptions come from both my own belief structures and from the awarenesses that I believe I receive from communication with Guidance. So I must state that in my perception, I am witnessing evil anytime I see a person be in the presence of another person who is suffering and offer no care to that suffering....for the very Essence of Spirit IS Love. It is impossible to Love without Caring, and Caring compels us to be aware of the needs of others. This is why those who are OF Spirit – those who receive the “calling” to devote their lives TO Spirit (Gandhi, Martin Luther King, Mother Theresa, etc., etc., etc.) gave little care or concern to their own comforts or needs, but offered one hundred percent of their Beings to easing the suffering of others.

That's what Spirit is. Spirit evidences itself through Love, Care, and Compassion, and any place or Being who is void of Love, Care or Compassion is void of Spirit. If it is void of Spirit, it is void of Life. I don't believe in coincidences, and therefore I do not believe that it is coincidence that the word “evil”, when spelled backwards, spells LIVE. If you turn evil around, there is Life – there is Spirit – for Spirit IS Life. If you turn Live around, there is evil, and evil is simply the lack of Life.....a sense of lifelessness. It is that sense of lifelessness that compels those who live with their backs turned away from

the Light of Spirit so that they live in the darkness of “evil”....that then drives them to experience a sense of “aliveness” through the adrenaline that surges through them when they commit acts of wrongdoing – acts that are harmful and hurtful and uncaring.

They become addicted to the feeling of adrenaline coursing through their veins – it makes them feel alive, and the deeper they sink into lifelessness, the more adrenaline they need and the more extreme their adrenaline-producing behaviors become. That’s why the person who is filled with rage may begin by pulling the wings off butterflies and then torturing small animals, and then peeping into windows, then stalking, then raping, then murdering, then torturing and murdering....the need for adrenaline just continues to escalate. And those who tell me that evil does not exist have closed their eyes to all that is around us that is done by those who have turned their backs upon Spirit. I have probably seen more than most of this that would be called “evil” because I spent twenty-six years of my life working with law enforcement with a major focus on crimes against children.

The idealism that “all just is”, that “there is no good or bad”, is a pleasant one, and in a perfect world – the kind of world that I believe we are striving to move toward – that would and I believe WILL be true. In this time, it is absolutely imperative that we begin to open our eyes and SEE what is....that we cease to ignore all that is happening about us. My Guidance has been strongly urging that we awaken – that we live in FULL CONSCIOUSNESS – that we MUST be aware that in these times, the escalating energies are urging people to extreme actions....that those who seek Spirit and strive to live in Integrity are growing and strengthening and blossoming in their Beings. And those who have turned their backs upon Spirit are experiencing tremendous emotional chaos. They are afraid. They feel out of control. That fear is expressed as rage, and that rage then is acted out upon others. As I have explained, they NEED their rage in order to feel alive so that they can once again feel powerful.

We have experienced these diversities of thinking throughout the history of mankind, and the subject of good versus bad, God versus Satan, has been debated from the beginning. However, in THIS time, the idea of good versus bad has been expanded to the extent that people become fanatical in their political ideologies, religious ideologies, and even social ideologies (such as beliefs about child-rearing or human sexuality). Those who hold different beliefs are labeled “evil”.

Those of us who are striving to “stay focused on the Light”, who are striving to live in Spiritual Integrity and in Partnership with Spirit, MUST cease to enter into these extreme beliefs....must stop locking into our beliefs so strongly that we become fanatical about them. My Guidance, Samuel, laughs about our concepts of “Truth”. He likens us who live in this Earth dimension to a group of people who live upon a beach, and that each of the grains of sand on the beach is “Truth”....that we grab hold of a single grain of sand, and we wrap our minds around that grain of sand and we “know” that we have “THE TRUTH.” Unfortunately, we believe that we have ALL of the Truth, and that another person’s grain of sand (Truth), therefore cannot be valid. We have spent thousands of years warring – not just debating, but WARRING – over whose Truth is more real while

locking our minds around single grains of Truth....when entire beaches are FILLED with it. Personally, I don't want just a GRAIN of Truth. I want the whole darned beach!

We must honor those Knowings given to us that ring the Bell of Truth within us, and we must learn to keep our minds and Beings open to the realization that other people also hold bits of Truth, but that NONE of us yet have grown to have the capacity to hold ALL of Truth within our Beings. It's our task, now, for us to come together and share the Truths we've gleaned, rather than debating about whose Truth is "more real" or shunning a person because their Truth doesn't appear to be in full agreement with OUR Truth. We are here to be Seekers. None of us are perfect. If we were perfect, we wouldn't BE in this dimension. This is a place of learning, a place of growth....a place of seeking....and we will learn, grow, and discover the Great Truths when we learn to do so in Harmony with each other. And Harmony can only be accomplished through mutual caring and compassion.

In the meantime, we must recognize that evil/danger lurks in this world and live in a constant state of consciousness....to be prepared for all things. Just watch your television – we're given more evidence of this everyday, as "hidden things are revealed" and as the acceleration continues. The thing that disturbs me most is that the Spiritual idealists who prefer to believe that everything in this world is perfect and that all is roses and rainbows are setting themselves up for a great deal of pain, AND that they will be unable to be of true Service to Spirit, as they desire, because they have failed to believe all that Spirit is making evident around them.

Yes, all IS in Purpose. Yes, the acceleration and the division IS of the intent of this time. Yes, that is all true...AND....it IS TRUE that it is happening, and it is true that in this time, we must live in a state of vigilance, for unless we are aware, we cannot be of true Service. And as long as we continue to judge and hold in contempt others whose lives have brought them to a state of being that is perhaps not as "pretty" as ours, we are not living in Spirit.

There is a fine line here. Spirit says that we must live in vigilance, that we must cease to be judgmental and that we must be discerning. Here's the difference between judgmentalism and discernment. A judgmental person would see a vagabond sitting on the street corner dressed in rags and simply feel contempt, thinking "What a low-life – what a loser." The discerning person would feel the quality of the person's Being and would take note of whether or not the energy reflected was the energy of pain and sorrow, or the energy of rage. The discerning person would step away from rage – not judge it, but just say, "This is not a safe place for me to be." The discerning person who sees grief, who sees sorrow or suffering, would reach out a hand and offer aid to that person.

Discernment does not condemn. It simply tells us whether or not a person or a situation is safe to enter into. Judgment condemns, distances, and belittles. Judgment is not of Spirit – discernment IS of Spirit.

I really have considered it necessary to discuss the concepts of good and evil as I have in this newsletter because we are entering a powerful cycle for change. Yes, we have BEEN in an escalating cycle of change for the past fifty years. However, beginning on June 1 of 2011, the cycle for change dramatically accelerates. As we have entered into this cycle, so many are coming to me and asking if they are being punished by God, punished by Spirit.

First of all, I need to say that Spirit doesn't punish us – WE punish ourselves. We bring to our lives actions and attitudes that have consequences. The consequences of those actions and attitudes are often called “punishments”. In fact, they are simply Spirit's way of saying, “This isn't the most productive way for you to go. If you go this way, it's going to hurt. If you do this behavior or go in this direction, it's going to cause uncomfortable consequences.” However, we ARE having experiences that are challenging. The intent of these “challenging experiences” is not to test or punish us – it is to STRENGTHEN us. It is to bring us the realization of our strengths, of our own capabilities to endure and to accomplish, AND to give us evidence of how MUCH stronger and resilient we are when we are living in Partnership with Spirit

The change that we are entering into affects every part of our experience: our relationships, our security in this dimension, our governments – everything will be affected. Sudden events will cause dramatic changes. As I've been saying for quite awhile, many of these events can and will be “natural” events, such as earthquakes, storms, volcanoes, tsunamis, fires, floods. Many of those events will also be manmade: wars, acts of terrorism, and pandemic illnesses that are intentionally caused.

Yes, these are times of dramatic changes. They can be frightening for some. They will be challenging. They will test us to the very cores of our Beings. The events of these times will bring us back to basics and give us the opportunity to realize our own strengths. Unhappily, in many cases people will falter and wilt under the power of this force, and as I've said before, some will strike out in fear and/or rage. As we move into the month of June we are entering a lonnnnng cycle during which events will happen that will suddenly shut down electrical systems, that will affect anything electrical – anything that uses batteries (such as automobiles, computers, telephones, etc). The events that I'm seeing have the possibility of literally shutting down movement, factories, businesses. I feel this most strongly throughout the continental United States, Alaska, Canada, and much of South America.

As I've said before, it's time for us to be prepared for all things. I think it's a good idea for ALL of us to have at least three months of all necessary supplies, such as food, medicine, hygiene and cleaning products, etc. I've gone into this before so I won't elaborate here, but I do need to tell you now that I feel very strongly that we are now entering the time in which the events that I have been foreseeing are at hand.

From all of this comes some really good stuff. We (and by “we”, I mean the human family) begin to reconstruct the foundations upon which we have built our now-failing societies. People begin to realize the importance of working in partnership with each

other. This realization comes from a deep need to have strong, solid support systems. People will gather together in groups for mutual support in business, in religion, in families, and in groups built upon friendship. There will be a very strong need to strengthen old, positive connections; and to form NEW strong alliances that would increase a sense of security.

There comes a realization of the importance to unite with people with whom we have strong affections and connections, to spend time with them....a realization of the need to hold strong to what we have – to value what we have. And out of the realization that ALL people are experiencing great stress comes an opportunity to practice compassion. It has the intent of pulling us out of ourselves and making it necessary for us to be aware of all that is around us and of the needs of others. Most importantly – at least I think most importantly – we are returning to a time when mankind feels great pride in being able to say, “My handshake is my badge of Honor. If I offer my hand, you can trust it.” Practicality is becoming popular; frivolous spending or thinking is becoming frowned upon. The mores of the times are shifting. Patience and acceptance and compassion become respected.....going back to the “old ways”, where a man again is respected for being a man whose word is one upon which you can rely rather than being respected for a man who has many possessions.

As I said, we’re returning to basics in more ways than I could begin to describe.

The month of June is intense accelerated energy. People will be having an urge for change. Many will want to leave jobs, to make moves. (Again, I’m urging you that unless you absolutely must make those changes, you’d be better off to hold onto whatever securities you have. It is generally not a good time to make a fresh start in a new place where you have no support systems.) Many will end relationships and/or begin new ones. Many will realize and ACT upon a realization of need to better nourish and to strengthen their bodies. We ALL will experience old pains and old attachments surfacing and be able to completely release them from our mind/body systems.

On June 2nd, please do not try to have important communications. This is not a time to try to negotiate a deal or to get another person to see and understand your view of a situation. During the entire month of June, we will experience very fast-moving, highly intensified energy that will cause many to feel greatly stressed. I recommend that you get as much rest as possible and remember to meditate, or at least find time each day to get outside, take your shoes off and get in touch with the Earth. It’s really important during the month of June that you take “me” time, to get away from ringing phones and the demands of other people as often as possible. During the entire month of June, please be wary of people who would strive to take control or bully their way into positions of authority in your life.

On June 20th, be careful – the energy’s going to be really intense, and many people will be acting in ways that they will later regret. Be careful of accidents on June 22nd. Most people will be feeling very scattered and emotionally fragmented on that day, so

June 22nd isn't a good time to make decisions or changes that could have long-term effects.

There will be much in the news during the month of June accusing people in positions of power of dishonest or immoral behavior. It's important that we not let ourselves get caught up in the negativity. There will be many things that appear to be negative. Much dishonesty and mal-intent will be revealed. However, the important thing is that they ARE being revealed and that change is happening.

Every person in the world will experience the change of this time. These are great times. We must expect the unexpected, let go of attachments, be flexible, trust in our own Soul's intent. These are times of great consequences and great challenges....times that challenge ALL men and bring the world to a greater, more Spiritually aware, more Spiritually awakened state of being. Our task in this time is to live in full consciousness and to call upon Spirit in every day (sometimes many times a day) to direct us and to aid us to stay in Alignment with Spirit.

Yes, things are going to be different for awhile, and we are and will continue to experience dramatic events in this world. It is our task to bring our attention away from our own need to be admired....to be aware of the needs and suffering of others and to offer ourselves whenever and wherever possible TO those needs. We will each be given a thousand large and small ways in which to offer ourselves to the Intent of Spirit through Compassion, and it is in our response to the quiet Whisper of Spirit that calls us to be conscious of and present to another's need that elevates us into the state of being that we came to experience....the state of being in which we are present for Spirit to shine Its Light through into this dimension....the state of being that is called "Avatars – the Bringers of the Light". This is what we came to do, that is what we came to BE.....and in order to do and BE this, we must....

Stay focused on the Light....

PS:

As you know, I very seldom recommend other practitioners. The reason I don't make such recommendations generally is that I then feel responsible for the quality of their work. However, I DO feel that I can, with assurance, recommend Tina Antonell. Tina studied with me for several years in the mid 1990's, and I have to tell you that the very first time I watched her do a hands-on energy process in my class, I was absolutely amazed by the quality of healing energy that flowed from her to her partner.

Tina is a true healer. She heals by the quality of her presence, so whether you're suffering emotionally or physically, she has the Spiritual gifts and the training to be able to offer help to you.

Tina resides in Bakersfield, California. You can reach her at 661-393-8903; or if you'd like to see a view of her beautiful face and know more about her, I recommend that you take a look at her website: [www.TinaLifeCounseling.com](http://www.TinaLifeCounseling.com).

She's a truly gracious woman who has come into this life with the purpose of being of aid to others.