

Dear Friend:

As we move into July, a look at the calendar on this site could scare the pants off you if you didn't understand the purpose of and the ways that you can use these extreme intensifications to your benefit. Also, understanding the null cycles can be very helpful...can, in fact, make the difference between success or failure of whatever it is you're striving to accomplish. **If you DON'T understand them, I strongly urge you to look at the calendar on this site and to also read ALL of the information explaining the intensifications, internalizations, and null cycles.** I have been shocked and deeply dismayed recently as I have come to realize how many of my readers don't know what the information on the calendar is about. HAVING this information and USING it can be a powerful asset in your life.

As you look at the calendar, you will see that there are null cycles on all but two days between July 1st and 17th. As you know, if you've been reading these newsletters for any period of time, anything that you come to agreement about – any contracts signed, any decisions made – during a null cycle are GUARANTEED NOT TO COME TO PASS. So, when you look at 15 days out of 17 days of null cycles, the natural response would be, “Oh, my gosh – how do I live my life? I have to sign contracts. I have to make agreements,” etc.

All you must do is pay attention to the timing of the null cycles. For instance, on Tuesday, July 5th, the null cycle doesn't begin until 5:19 p.m. So you actually have the entire day up to 5:19 p.m. to get things accomplished. I would recommend that you give yourself a few minutes on either side of these null cycles, because I can't guarantee that I am absolutely correct to the minute, although I'm quite certain of the timing. Some of these null cycles last for entire days. Others last for only a few hours. Use the time in between the null cycles to accomplish that which must be done. If the only open time is between 3 a.m. and 3:16 a.m., then I recommend that you set your alarm clock and wake up at 3 a.m. and sign that important document. I KNOW this sounds crazy, but it WORKS. So, personally, I'd rather seem a little crazy than let important matters (accepting an offer to purchase property, for instance) fail.

Also, remember that null cycles are excellent times to organize, clean out drawers and closets, etc. One of the things that most people are having an urge to do in this time is to go through old paperwork and files and shred them/get rid of them. It's a great idea to go through and organize these files during this time, but I don't recommend that you shred or otherwise destroy that paperwork because during the null cycles (especially intensified null cycles such as we are experiencing), we are likely to make decisions or take actions that can cause some serious difficulties later on. So I would recommend that you set aside those documents that you are considering destroying and then after the completion of the null cycle, go through them...and if they STILL look to you as though they should be destroyed, go for it! I can pretty much guarantee you that you will find among those stacks of documents in your discard pile, papers that will cause you to say, “Oh my gosh!! What if I had shredded this one?”

During null cycles, we just don't think as clearly. That's why there are more accidents. That's why there are more misunderstandings and resulting disputes. And of course these null cycles are happening during a powerful intensification that incredibly heightens sensitivities. The intensity of this energy has been actually building for the past four years, and it still has some more intensifying to do. It's a wild ride we're taking, so HANG ON!!

Every person in the world IS experiencing reactions to this intensified energy. The most common reaction that I'm seeing with people is the sense of feeling totally overwhelmed and exhausted. They say to me, "I feel that I SHOULD be meditating. I SHOULD be striving to develop a closer relationship with Spirit. I SHOULD be accomplishing more." Their lives are filled with "shoulds" and despair because they aren't able to live up to all of the expectations that they have placed upon themselves. Spirit doesn't command us to spend ALL of our time in communication with it. We are simply asked to remain OPEN so that Spirit can flow through us into this dimension and offer itself to the needs of others through us. We're not asked to do or BE anything except open and responsive to the Urges of Spirit that direct us with integrity and compassion through the amazing events that Life brings to us.

Spirit does not expect us to spend our entire life talking to Spirit. I mean, how would YOU feel if you had someone talking to you every minute of the day and night...c'mon! Once you've said it, Spirit has heard it. Why do we think we won't be heard unless we keep repeating ourselves to them? Where I come from, that's called nagging (LOL). Offering a few moments of loving thought to Spirit and asking that you be aided in all that life brings to you takes maybe thirty seconds. That's all you need to do. And then the rest of the day, we need to live, and I mean LIVE.

So many of my students and clients come to me, tearfully confessing that they are NOT "doing it right"....that they haven't been meditating, that they haven't been reading the Spiritual books, that they haven't been going to Spiritual gatherings....that they feel like they're not "getting there"....that they haven't been "doing it".

When it is time for us to fill with Spirit, we feel hungry for it, and then we just can't get enough of it. We want to read about it, talk about it, meditate for hours, pray, immerse ourselves in Spirit – LIVE it. And then when we are filled, we need to take time to be quiet, to go within, and to assimilate that which we have absorbed. And THEN, we need to take some time to LIVE it...and when it comes time to LIVE it, Spirit offers all kinds of opportunities into our lives by which we can prove to ourselves that we have learned and now are able to not only access the knowledge, but to BE of Spirit....to BE vessels through which Spirit flows.

Our Spiritual needs are very similar to our physical needs. When our bodies are emptied, they need to be filled. We are hungry, and sometimes we crave a particular food; but other times, we're just happy to eat whatever is put before us. We eat until we're filled, and then the natural course of events is that we sit and perhaps think...read a book....rest....or maybe have a quiet or even a joyful discussion with others. One of the

ways that we connect the most strongly in this world is to gather around the table filled with food, to share the food and to share ourselves with each other while partaking of the food. Then after we have “assimilated” the food, we feel the urge to get up and do something – to LIVE....to take action in our lives.

There are so many different analogies that I could use, but I think that of food is perhaps the best one that comes to mind at this moment.

The most important thing that I want to say here is that we are called upon to do that which we need to do. Our souls URGE us toward that which is right for us (unless there is within us a deeply buried pain that compels us to self-destructive actions and attitudes). Whenever we are living our lives, striving at all times to be in Integrity – constantly assessing every event to be certain that we are responding to it with Honor – then we can Trust those urgings within us, for the conscious intent and effort to live in Integrity opens the door to Spirit and automatically makes of us channels through which Spirit may flow.

So, the best advice I can give you is to stop beating yourself up. If your soul is urging you to fill yourself with Spiritual food, then do so. Be discerning, as there are many who are selling a lot of slop and calling it gourmet food....but listen to your inner Being. Listen to that bell that rings in you when you hear the sound of Truth. And after you've filled yourself....REST. Go aside. Internalize. Don't feel ashamed that you have now “disconnected” from others who are still at the table eating. It's time for you to go sit in a chair, curl up with a crossword puzzle or maybe a good naughty novel – something to get the juices flowing. Because when you're in that state, you're FULL. You are filled to the BRIM. You don't want anymore Spiritual stuff. You want to LIVE this dimension. You want to FEEL this dimension. Your senses are heightened. You want to just live your life – to play with your children, to have lunch with your friends, to go hiking or dancing....you just want to live. And if the word “should” were apropos (although I don't believe it is), this is the place where I would say, “You should DO it. You should do what your Soul urges you to do.” It needs time to digest that which you have taken in. It needs time to separate that which nourishes you from that which no longer serves you or is not compatible to your Being.

Part of the process of receiving is assimilation, assessment, discernment, separation, and releasing that which we now recognize as “crap”....because along the way, as we study, we go through a lot of phases. There are a lot of things that excite us. They're brand new to us, and they seem sooooo wonderful and sooooo magical....and then as we live with them for awhile, we discover that we were enticed by the frosting, but that what we really needed was the cake. And so our Spiritual development requires us to receive, to assess, and also to discern and release. Sometimes it's hard to release, because we have developed attachments and attitudes, and even relationships that are built around sharing those beliefs with others....and when we discover that they don't have any real substance – that they're really just sugar and water with maybe a little butter tossed in to make them go down smoother – we feel cheated, and we don't want to let them go because we don't want to lose them because they were pretty, and because we don't want to lose the people in our lives with whom we shared the attraction of the prettiness of this.

So many in this time are going through the process of striving to live their lives in accordance with their Spiritual beliefs who believe that in order to “do it right”, they must be constantly Spiritually seeking and are filled with shame if they get tired or full, or simply want to do other things for awhile, or maybe just play. Many of them feel that they have “fallen” Spiritually if they want to just live their lives loving their families. The fact is that almost all of the people who are incarnate on this earth in this time have, as their life’s intent, the requirement to learn to live in harmony with others, and it is their task to learn to be in relationship through marriage and through the bearing and caring for children. That’s their Spiritual intent. It’s what they came to do, and yet they feel ashamed of themselves for doing it. This amazes me! I have often had the fantasy of sitting across from the Virgin Mary, and hearing her say to me, “Dixie, all of my life I’ve had this feeling that there was something REALLY important that I was supposed to DO with my life, yet I’m not doing it. All I’m doing is being a mother to these children.”

The greatest accomplishment possible in this dimension is to become capable of being consistently compassionate and living with an open heart, free from condemnation and seeking to be of service.

So as we continue through these times – through these amazing intensifications that are upon us and continue to escalate as we move forward – the best advice I can give you is to live your life fully and completely, and to learn as much as possible from all the experiences that life brings you, and to strive to meet each of those experiences with an attitude of compassion, an open heart, and striving to remain in Integrity.

The month of July is another powerful intensification. The aspects from the 1st through the 17th are something that I have never seen before.....almost constant intensified null cycles. July is a month that will be filled with powerful, dramatic events. The intensification will cause confusion, forgetfulness, and an inability to think as clearly as usual for most of us. Every time you turn on the news, you’re likely to be seeing some kind of extreme event portrayed and to be hearing people blaming other people for whatever is happening in their experience. **BLAME** is the word of the month, and it is our task to live our lives clearly and honorably and taking responsibility for all that comes into our experience. We are not to enter into “the Blame Game” that will be going on all around us. It’s going to be something to see!

We’ve been in major focus on health for the past three years, and it hits a pinnacle in July and August that is going to be pretty amazing. There’s a powerful focus on health, health-related breakthroughs. We’ll be hearing reports of new drugs or treatments that could heal previously incurable diseases. This focus on health has both positive and negative aspects. Along with the wonderful new stories about health breakthroughs, we will also be hearing on the news about food and water contamination. The aspects on health are evidenced in many different ways. Many people will feel a tremendous need to strengthen their bodies, a feeling that they need to have their bodies strong enough to know that they can not only survive, but thrive in all situations.

There are many symbols coming forth that a lot of psychics are seeing that have to do with people feeling a need to learn to survive without the accoutrements of this time, such as electricity or technology. So there's a great surge of interest developing of learning about edible plants in one's particular locale....interest in learning to remove toxins from water....people who have never planted gardens in their lives will begin to do so. There's a tremendous need for people to feel self-sufficient. This need will be increased by warnings from people who hold positions of authority, telling us that we should take precautions, protect our health, and warnings about the possible spread of some virus or contamination. I'm not certain of the symbol I'm seeing – it can mean virus or contamination – I think it means BOTH.

All through this year, we will continue to have record-breaking storms, earthquakes, events, etc., that are caused by Mother Earth's reaction to this intensification. The strongest aspects that are occurring between now and October include both fires and floods.

I DO need to tell you that this increase in intensification is causing heightened sensitivities. All of us function predominantly through one or more of our sensory organs. For instance, people who are more visual by nature – people who remember everything they see, people who can't listen without taking notes, etc. – function predominantly through the throat chakra. The throat chakra rules the eyes. Therefore, the person who functions predominantly through the throat chakra will “see” images, is likely to see auras, and/or even to see apparitions of people who have passed over. People who function in the heart chakra tend to be more emotional and experience their psychic perception through their auditory senses, meaning they can “hear” voices. They often literally will hear conversations of people who are not present. They will hear someone call their name or talk to them when no one is actually present. Oftentimes they think they're crazy. People who function through their solar plexus chakra are extremely sensory – they can walk into a room and FEEL the emotions of the persons who have been in that room. They can stand next to a person in the check out line and feel that person's pain if they have just lost someone they loved or were in grief. (I explain these phenomena in great detail in my book, Exploring Psychic Reality/Crown Publishers, which is now out of print but available “used” through Amazon and many other booksellers.)

Whatever sense you happen to function through will be heightened. Those of you who function through the solar plexus need to be especially aware of these energies because you must protect your solar plexus or you will find yourself getting hit with what feel like blasts of energy that shake you to your core. You will feel just fine one minute and the next minute feel like you want to jump out of your skin....feel happy one minute and feel like sobbing the next. You are (more than any others) affected by this extreme intensification. It's so important for those of you who are sensitive to do all that you can to ground yourselves....and when I say “ground yourselves”, I just mean get in the shower or bath....take off your shoes and walk barefoot on the grass or even on your

floor. Get down on the floor and play with a baby. Just do anything you can that brings you down to earth.

Also, listen to calming music. Dance to it. Sing to it. And whenever you can, connect with a person with whom you can laugh. Laughter is the most healing energy of this dimension.

The month of July is intense, but it can be wonderful. Just be aware of the energies, and flow with them. Strive to stay in Integrity....and....

Stay focused on the Light....

Dixie Yeterian