

INSIGHTS
September 2010

Dear Friend:

Many of my students and clients have been asking me about December 21, 2012, and what I see happening on that day. There's so much fear being projected onto that date. Hollywood has already cashed in on the event, and I've noticed more than a few television specials on the subject as well, so it's definitely "the buzz".

As many of you know, I've been talking about "intensifications" for years, now, noting that we began to experience them in the 1960's and then in the early 1980's, we began to witness an acceleration in time. Time literally began to speed up, going faster and faster and faster. Remember when a year used to take forever, and now it's gone in the blink of an eye? Science has been able to literally measure this speeding up of time, and there are many books out that finally lend credence to what mystics and seers have been talking about for a long time. (Though I rarely recommend a specific author, I like Gregg Braden's works and recommend you check some of them out, if you're not familiar with him.) So when I'm asked what I think is going to happen on December 21, 2012, my sense is that ***nothing in particular is going to happen on that day. What is going to happen IS happening and HAS been happening since about 1964***, when the intensifications began. Due to the acceleration of time that began in the 1980's, we are now experiencing almost non-stop intensifications that are taking us through Universal Transition, and they'll continue to do so until 2026.

The date 12-21-12, as I see it, is the apex of the Transition.... the point of climax....the place where it all comes to a head. (I DO suspect that there will be some dramatic astronomical events surrounding that date and in fact, I've had some indications that there may be some intense meteor showers or comets falling.) From that date on, all of the intensifications that we've BEEN seeing will then begin to go into overdrive. We already are in a time when we're looking to the dates when there aren't intensifications rather than looking to dates when there are, and as we move forward, it's ALL going to be intensification.

The events that are happening in these times are bringing our world to dramatic change - the world our children and grandchildren will live in will be much different than ours. And as these changes occur, we will continue to see the build-up of pressures that cause powerful emotions: powerful love and powerful hate (rage). These emotions are already being reflected and will continue to be reflected in unbelievable weather events such as floods throughout the world, the eruption of ancient volcanoes, powerful earthquakes and wide-spread fires. It's going to be even more incredible than it already has been, and when we get to the other side of it, we'll know it was worth it! But in the meantime, we've got to GET to the other side of it!

I've been urging you for awhile, now, to be prepared for all things - to have food, water, warm clothing and medical supplies on hand at all times. A few of my clients have asked me if this is in specific preparation for December 21, 2012. The answer to that question is NO. I'm telling you that at this time, in this world – since 1980 and continuing through the year 2026.....***be prepared for the unexpected, PERIOD.*** We've been seeing and reading so many accounts of disasters hitting various places in the world, with people being without food and water for weeks and weeks on end while they wait for aide/relief. It's just a good idea to have a couple of months' worth of supplies on hand in the event you find yourself in the midst of the unexpected. **Be prepared for all things, for all things WILL happen and will continue to happen with greater and greater intensity.** You think we're seeing some crazy stuff now? Just wait and see what happens as we continue through these amazing times!!!

I keep telling you that it's ALL in purpose, all good....that it's ALL bringing us to a time of Peace and Unity. As my guidance Samuel likes to remind me of from time to time: "The best of man is most often born in the midst of 'disaster'"....that "No greater love exists than the love between two men who share a foxhole," and "We are fighting our way into each others' hearts." Though this time is not easy, ***IT WILL BE WORTH IT.*** We're giving Birth. We're in Transition. That Baby's coming no matter what. AND SO, our task is to start boiling the water! Get the towels sterilized. Prepare! Stay in positive energy by knowing how beautiful that Baby's going to be, and seek to be in/stay in Integrity in every moment, in every situation that comes our way. We aren't having to do ANY of this alone – Spirit is always with us, encouraging us through each labor pain that

comes....waiting to lend assistance as needed the minute we ask for it. And that's the key to this - to remember to ASK, and by that, we work in Partnership with Spirit and all things are possible.

If you look at the September calendar on this website, you'll see that the internalization (which began on August 20th) will end on September 12th and that Spirit has gifted us with ONE entire day to prepare ourselves for the externalization cycle that begins on September 14th. (As I said....we've now reached the time where we're in almost non-stop intensification.) Use the time up to the 12th to do busy work - organize your cupboards and closets, get rid of unwanted items, get caught up on filing. Spend time in prayer and meditation. Rest as you can. Don't have important conversations, and if you DO, follow them up in writing so that there's no chance of misunderstandings. Don't sign any agreements before the 12th. Don't make any major changes in your life. Leave for your destination a little early, as there are so many unexpected delays when these energies come along (**not to mention there are outright dangerous drivers on the road these days who are lost in their own worlds of trouble or fears and not paying attention – just be extra aware and alert!**) Lay as low as you can, rest, renew yourself....nurture yourself.

We have one day to go from 0 to 60, so I recommend that in addition to doing what you need to do in every moment to stay in balance with yourself....put on some joyful music and dance around your living room. Read an uplifting book. Laugh with a friend. Give thanks for your life and your loved ones. Be aware of how blessed you truly are, and enter the intensification that begins on the 14th in the energy of *knowing* you can accomplish the changes or projects you've been wanting to initiate. It's full sails ahead beginning September 14th and lasting through October 15th. Take advantage of this time to make hay while the sun shines!

Also as noted on the calendar, September is a month where you'll be wanting to make changes to your home or personal appearance – that's a lovely aspect. I DO want to caution you that from September 9th through October 11th, don't have any cosmetic surgeries or change hairstyles. The results could be disastrous! Also, please don't schedule any elective surgeries in September..... November is a better month for those kinds of surgeries.

I've been telling you that we're in universal aspects where "hidden things" are revealed, and I've specifically mentioned many world figures will be under the spotlight in these times. I'm not sure, though, if I made it clear that "hidden things" will be revealed about our friends and neighbors, our loved ones....even ourselves. Things we've kept hidden from ourselves and/or others will find their way to the surface, and we'll find ourselves dealing with old pains we thought we'd dealt with....lessons we thought we'd long ago learned. A chance remark could trigger instant anger in us....instant shame....instant fear. It's so important to take note of our reactions and honestly assess them. They're surfacing for a reason, and that reason is....*it's time to release them and let them go*. That sounds so lovely and SOOOOOOOO trite, but it really IS what this time is about, and it doesn't require years and years of therapy to "let it go"!!!

All you have to do is understand that as humans, it's natural that we first need to "blame" someone or something else for the problems in our lives, for all the "bad" (unpleasant) things that have happened to us. So you begin to "let it go" by blaming it all on someone or something else. Sit down and write it out, if you'd like, or sit with a trusted friend and tell them ALL the reasons why someone else or something else is causing your life to be "bad" in some way.

THEN, the next step is realizing your OWN part in the situation. Again, write it out or sit with a trusted friend and look at your actions and/or attitudes and what you've done to help create whatever is going on in your life that is causing problems for you. Take responsibility for whatever part you've played in creating the situation in your life that is causing such difficulty for you, *because until you take responsibility for it, it will continue to happen over and over and over again because YOU have allowed your power to be given away by convincing yourself that someone else is responsible for your woes*. I can't stress enough how important it is for you to take your power BACK from the "someone who is doing it to you." You take it back by seeing your own part in the matter, because nothing happens in your life without your agreement to it at some level. If that experience wasn't part of your soul's intent, it simply would not be in your life. So you see, YOU created it....it offers you some kind of opportunity for growth....some kind of benefit.

The third and last step is to recognize the Gift in the situation. What did you learn? What did it bring to you? Would you be the person you are today if

you had not had that experience? ***Look for the Gift in every situation, and once you find it, the release is complete.***

September is a powerful month. I can't say it's going to be an easy month, but I CAN say Spirit is once again giving us the opportunity to refine our Beings by giving us these intensifications. Take note of the reactions you have. Ask yourself why you're reacting as you are. Be honest. If you find yourself making everything that is "bad" or "wrong" in your life someone else's fault, REALIZE you've given your own power away. Look at your OWN attitudes and behaviors....take your power BACK! You see, when we feel powerless, we go into fear, and fear most often manifests as anger....even rage. ***Be aware that YOU are the creator of your own life.*** Do whatever you need to do to stay focused in positive energy and be in Integrity no matter what may come your way. And ***be kind and patient.*** Be kind and patient not only to others, but to yourself as well. Mankind is in the tremendous lesson of learning how to live in Peace and Unity with each other. We're working hard and it isn't easy, and at times it feels like we're taking two steps back for every step forward. But as Samuel says, "You're not striving to become Perfect. You ARE Perfect. You are striving to realize that you are." So work on realizing that you ARE, that each person IS.....people are doing the best that they can with what they have and what they know or believe they know.

It is our responsibility to strive to live in ***CONSCIOUS*** unity with Spirit. In order to accomplish this, ***we must not participate in the travail of these times.*** We must constantly assess ourselves and ***TAKE RESPONSIBILITY.*** (Sam says that most of our unhappiness in life comes from wanting another person to be different than they are....)

Offer Compassion to others.....to yourself.....

AND

Stay focused on the Light,

Dixie Yeterian

